

**CHOICE BASED CREDIT SYSTEM SCHEME AT UNDERGRADUATE LEVEL
FOR BACHLOR OF ARTS WITH PSYCHOLOGY FOR 2020 AND ONWARDS**

COURSE STRUCTURE:

SEM	COURSE CODE	COURSE TYPE	TITLE OF COURSE	CREDITS		
				THEORY	PRACTICUM	TUTORIAL
I	PSY120C	DSC-I (6 CREDITS)	FOUNDATIONS OF PSYCHOLOGY	4	2	-
II	PSY220C	DSC-II (6 CREDITS)	INTRODUCTION TO SOCIAL PSYCHOLOGY	4	2	-
III	PSY320C	DSC-III (6 CREDITS)	PSYCHOLOGICAL DISORDERS CREDITS 4+2=6	4	2	-
IV	PSY420C	DSC-IV (6 CREDITS)	STATISTICAL METHODS & PSYCHOLOGICAL RESEARCH	4	2	-
V A (OR) V B	PSY520DA	DSE-I (6 CREDITS)	ORGANISATIONAL PSYCHOLOGY	4	2	-
	PSY520DB	DSE-II (6 CREDITS)	LIFE-SPAN DEVELOPMENT	4	2	-
VI A (OR) VIB	PSY620DA	DSE-I (6 CREDITS)	COUNSELLING PSYCHOLOGY	4	2	-
	PSY620DB	DSE-II (6 CREDITS)	HEALTH & WELL-BEING	4	2	-

GENERIC ELECTIVE COURSES: 6 CREDITS (4+2 CREDITS) (For non-Psychology students of 5th & 6th Semester)

SEM	COURSE CODE	COURSE TYPE	TITLE OF COURSE	CREDITS		
				THEORY	PRACTICUM	TUTORIAL
V	PSY520G	GE (6 CREDITS)	Foundations of Psychology-I	4	-	2
VI	PSY620G	GE (6 CREDITS)	Foundations of Psychology-II	4	-	2

1st SEMESTER
DISCIPLINE SPECIFIC COURSE (CORE-I)

PSY120C: PSYCHOLOGY: FOUNDATIONS OF PSYCHOLOGY

CREDITS: THEORY = 4; PRACTICUM = 2

Objectives: To understand the basic psychological processes and their applications in everyday life.

THEORY: 4 CREDITS

Unit 1: Introduction: Psychology as a science, origin and development of psychology, perspectives (cognitive, behavioural, psychoanalytic, humanistic & Socio-cultural), methods (Experimental & Quasi-Experimental).

Unit 2: Cognitive processes: Perception, nature of perception, laws of perceptual organization, learning: conditioning, observational learning; memory-processes, information processing model, techniques for improving memory.

Unit 3: Motivation and Emotion: Motives: biogenic and Psychogenic, Emotions: aspects of emotions, key emotions (Paul Ekman's model), Intelligence: nature & Theories (Spearman, Gardner and Sternberg).

Unit 4: Personality: nature and theories (Allport, Freud, Roger and McCrae & Costa).

PRACTICUM: 2 CREDITS (Any two from below 4 practicals)

1. Learning
2. memory
3. personality
4. intelligence

READINGS:

1. Wani, N. A. (2019). Introduction to Psychology. Wisdom Press New Delhi.
2. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
3. Ciccarelli, S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson
4. Feldman. S. R. (2009).Essentials of understanding psychology (7th Ed.) New Delhi: Tata Mc Graw Hill.
5. Glassman,W. E.(2000).Approaches to Psychology(3rd Ed.) Buckingham: Open University Press.