

**6<sup>th</sup> SEMESTER**  
**GENERIC ELECTIVE (GE)**  
**(FOR NON-PSYCHOLOGY STUDENTS)**

**PSY620G: PSYCHOLOGY: FOUNDATIONS OF PSYCHOLOGY - II**  
**CREDITS THEORY = 4; TUTORIALS = 2**

*Objectives: To understand the basic psychological processes and their applications in everyday life.*

**THEORY: 4 CREDITS**

**Unit 1:** Personality and Intelligence: meaning, nature and theories (Psychoanalytic and big five model)

**Unit 2:** Intelligence: meaning and nature, theories of intelligence (Multiple Intelligences, Triarchic theory and PASS model of intelligence).

**Unit 3:** Motivation, Meaning and Types (Biogenic and Sociogenic). Theories of Motivation; Maslow's Need Hierarchy and McClelland's achievement Motivation.

**Unit 4:** Emotion: aspects of emotions, key emotions and theories of emotions (James-Lang, Cannon-Bard and Schacter-Singer theory of Emotions).

**TUTORIALS: 2 CREDITS**

1. Emotional Intelligence
2. Personality Development

**READINGS:**

1. Wani, N. A (2019). Introduction to Psychology. Wisdom Press New Delhi.
2. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
3. Ciccarelli, S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson
4. Feldman.S.R. (2009).Essentials of understanding psychology (7th Ed.) New Delhi: Tata Mc Graw Hill.
5. Glassman, W.E. (2000).Approaches to Psychology (3rd Ed.) Buckingham: Open University Press