# SEMESTER 2<sup>ND</sup>

# MAJOR/MINOR COURSE

Contact Hours: 64(T) + 64(L)

## **Subject: Clinical Biochemistry**

**Title:** HUMAN PHYSIOLOGY AND CLINICAL DIAGNOSTICS Code: BCB22C201

CREDIT: (4+2) THEORY: 04; PRACTICAL: 02

Course Objectives:

- To acquaint the students with structure, function and interrelationship of important organ systems of the human body.
- The students will learn structural-functional relation between human organ systems and the disorders associated with their malfunctioning.

Learning outcomes: On completion of the course, the student should be able to:

- To describe the diagnostic significance of the main laboratory investigations,
- Understand the principles of analytical measurement in clinical biochemistry ٠
- identify the meaning and use of laboratory investigations in connection with diseases of the major organ systems

## Unit I: Basics of Clinical Physiology - I

Liver function - Physiology and disorders (Jaundice, Hepatitis); Renal Function - Physiology of excretion and urine formation, Disorders (Glomerulonephritis, Renal calculi)

## Unit II: Basics of Clinical Physiology - II

Blood system: Composition, cellular components and their functions. Hemoglobin, blood groups & coagulation, Disorders (anemia, leukemia & hemophilia); Endocrine function: Introduction to hormones. Physiological role of hormones (Pancreatic & Thyroid hormones) and disorders (Diabetes Mellitus & Grave, s disease)

## **Unit III: Fundamentals of Clinical Biochemistry**

Definition, history and scope of Clinical Biochemistry; Concept of Core laboratories, Quality Control in clinical labs (Pre-analytical, analytical and post-analytical control), Laboratory safety & safety equipments; Infectious hazards, Collection, preservation, handling and processing of body fluids - blood, urine, CSF for testing.

## **Unit IV: Clinical Diagnostics**

Liver Function Test, Kidney Function Test, Glucose estimation (FG, PP, HbA1c), Thyroid Function Tests, Haematology- CBC, Erythrocyte indices (HCT, HB, MCV), ESR & PT, Blood Grouping, Molecular Diagnosis of diseases (SARS CoV-19)

## Laboratory Course (Practicals: 2 Credits)

1) Blood Grouping

2) Haemoglobin estimation

- 3) Liver Function Tests
- 4) Kidney Function Tests

## 5) Thyroid Profiling.

## **Recommended Books:**

1. Harold Varley, Practical Clinical Biochemistry, CBS. 10th edition, 2018

2. Principles of Biochemistry by Geoffrey Zubay. Publisher: McGraw Hill College. Biochemistry by LubertStryer. WH Freeman and Co.

3. Biochemistry: The Molecular Basis of Life by Trudy McKee and James R McKee. Publisher: McGraw-Hill Higher education.

4. Biochemistry and Molecular biology by William H. Elliott and Daphne C. Elliott. Oxford University Press.

5. Fundamentals of Biochemistry: Life at the Molecular Level 5th Ed. By Donald Voet, Judith G. Voet and Charlotte W. Pratt. Publisher: Wiley.

6. Devlin: Textbook of Biochemistry (with clinical correlation) (John Wiley and Sons Publishers).

## (16 Contact hours)

(16 Contact hours)

(16 Contact hours)

# (16 Contact hours)

Government Degree College Baramulla

# SEMESTER: 2<sup>ND</sup> SKILL ENHANCEMENT COURSE Subject: Clinical Biochemistry TITLE: Fundamentals of Biochemistry and Microbiology

CREDIT: (2+2) THEORY: 02; PRACTICAL: 02 Course Code:BCB22S201

Learning Objectives and Outcome: On the completion of course the student should

- Basic understanding of characteristics, properties and biological significance of the biomolecules of life.
- Understand the structure of microorganisms and detailed function
- Know various techniques for the growth of microbial culture

#### **UNIT:1 BIOCHEMISTRY**

Glucose and Glycogen Metabolism, Classification of proteins and functions, Lipids: Classification of lipids and functions, Enzymes Definition – Nomenclature, Classification, Factors affecting enzyme activity, Isoenymes – Enzyme pattern in diseases.

#### **UNIT: II MICROBIOLOGY**

Introduction and brief history of Microbiology Historical Aspect -Branches of Microbiology-Prokaryotic Organisms - Prokaryote Vs Eukaryote-Cell Wall, Structures external to Cell Wall, Growth and cultivation of Microorganisms, Nutritional requirement of microorganisms-Types of media-Microbial growth and growth curve.

#### **Practicals:**

- 1. Sterilization: Using of autoclave hot air oven, other common laboratory equipment etc.
- 2. Preparation of media
- 3. Techniques of cultivation of bacteria
- 4. Gram staining
- 5. Antibiotic sensitivity test
- 6. Isolation of bacteria from clinical specimens

#### **Suggested readings:**

1. Fischbach, 2005. Manual of lab and diagnostic tests, Lippincott Williams Wilkins, New York.

2. Gradwohls, 2000. Clinical laboratory methods and diagnosis. (ed) Ales C. Sonnenwirth and leonard jarret, M.D.B.I., New Delhi.

3. J Ochei and Kolhatkar, 2002. Medical laboratory science theory and practice, Tata McGraw-Hill, New Delhi.

4. Kanai L. Mukherjee, 2007, Medical laboratory technology Vol.1.Tata McGraw Hill.