

SEMESTER 2nd
MAJOR / MINOR COURSE
BSW22C201: SOCIAL WORK (SOCIAL SCIENCE CONCEPTS FOR SOCIAL WORK)
CREDITS: 4 (THEORY) +2 (TUTORIALS)

OBJECTIVES / EXPECTED LEARNING OUTCOMES:

1. Enable the learner to understand the basic sociological concepts.
2. Make learner understand the basic concepts & theories of psychology.
3. Enable the learner understands and explore the knowledge about political framework in the context of social welfare.

Course Contents: (Theory)

Unit – 1: Introduction to Sociological concepts (15 Hours)

- Society, Man and Society and its relationships.
- Caste, Class.
- Social Values, Norms, Customs, Mores and Culture.
- Power and Authority

Unit – 3: Notions of Society. (15 Hours)

- Social Processes: Concept, Importance and Types.
- Social Change: Concept, Characteristics and Factors.
- Social control: Concept, Importance and Agencies.
- Socialization: Concept, Importance and Agencies.

Unit -3 Basics Human Growth and Personality (15 Hours)

- Human Growth and Development: Meaning and Stages.
- Concept and determinants of Personality.
- Theories of Personality: Sigmund Freud, Carl Rogers. B.F. Skinner.

Unit – 4: Introduction to Political Concepts (15 Hours)

- State: Concept and its organs.
- Concept of Welfare state.
- Constitution of India and its salient features.
- Democratic decentralization in India (Local Bodies & PRIs)

Course Contents: (Tutorials)

Unit - 5 Understanding Social Institutions Tutorials {2 Credits: (15 + 15 hours) 30 Hours}

- Family.
- Marriage.
- Religion.

Unit -6: Constitutional Rights and Responsibilities

- Preamble
- Fundamental Rights & Fundamental Duties.
- Directive Principles of State Policy

Tutorials with duration of 30 Hours shall be based on the assignments given to learners relevant to the course. Book review, Discussion on select readings, screening of documentaries and other feasible activities that the tutor deems relevant for the course.

Suggested Readings:

- Ahuja, Ram (1997) Social Problem in India, Rawat Publishers, Jaipur.
- Ali, A.F. Iman (1992) Social Stratification Among Muslim-Hindu Community, New Delhi: Commonwealth Publishers
- Bhusan, Vidya & Sachdeva, D. R. (2000) An Introduction to Sociology, Allahabad: Kitab Mahal.
- Crawford, K. (2004). Social Work and human development: Transforming Social Work practice. Exeter: Learning Matters.
- Flippo, Osella and Katy, Gardner (2003) Contraventions to Indian Sociology, Migration Modernity and Social Transformation in South Asia, New Delhi: Sage Publication.
- Mahajan, G. (Ed.). (1998). Democracy, Difference and Social Justice. New Delhi: Cambridge University Press.
- Mohanty, Manoranjan (2004) Class, Caste, Gender – Readings in Indian Government and Politics, New Delhi: Sage Publication.
- Singh, Yogendra (1997) Social Stratification & Change in India, New Delhi: Manohar Publication.
- Srinivas, M.N. (1991) Indian Social Structure. New Delhi: Hindustan Publishing House.
- Stroup, H.H. (1960). Social Work Education – An Introduction to the Field. New Delhi: Urasia Publishing
- Hall, C.S. Lindzey, G. and Cambell J.B. (2004). Theories of Personalities. New York: Wiley M.
- Elizabeth, H. (1968). Development Psychology. New York: Mc Graw Hill.
- Dandapani, S. (2005). General Psychology. Hyderabad: Neel Kamal Publications.

SEMESTER 2nd
SKILL ENHANCEMENT COURSE (SEC)
BSW22S202 SOCIAL WORK (MENTAL HEALTH AND PSYCHIATRIC SOCIAL WORK)

CREDITS: THEORY = 2; TUTORIALS = 2

Course Learning Objectives

This course is aimed at increasing the learners' abilities to:

- Understand the concept of mental health**
- Understand the role of social worker in Psychiatric Settings**

Course Learning Outcomes

The course endeavours to enable students to develop the following competencies

- Identify signs of poor mental health and practice self-care**
- Identify and own their role as social work practitioners in psychiatric settings**

THEORY (2 CREDITS)

Unit 1: Mental Health (15 hours)

- **Types of Mental Illness**
- **Crucial Points in the lifecycle of humans**
- **Stress and its reactions**
- **Stress and coping**

Unit 2: Psychiatric Social Work (15 hours)

- **Life Skills**
- **Target groups for life skills**
- **Family life cycle stages**
- **Systems approach, Family therapy and Couples Therapy**

TUTORIALS (2 CREDITS) (30 hours)

1) Relevant videos on mental health

2) Journal writing, Term Paper on the topics covered in the theory units.

References

1. Verma, Rattan, (1991), Psychiatric Social Work in India, New Delhi, Sage Publications.
2. National Institute of Mental Health and Family Welfare, (2016), Manual of Mental health for Social Workers, New Delhi: India.
3. Mane. P & Gandevia Y.K. (1995), Mental Health in India – Issues and Concerns, Bombay, TISS.
4. Sekar, K. Parthasarathy. R, Muralidhar, D. Handbook of Psychiatric Social Work, Bangalore: NIMHANS.
5. Srinivasa Murthy & Burns B. (Eds). Community Mental Health – Proceedings of the Indo-US Symposium. Bangalore: NIMHANS, 1992.
6. Ramasamy, P. (2008), General and Medical Sociology, Chennai, New Millennium Publications.
7. Park. K. (2015) Preventive and Social Medicine. M/S Banarsidas Bhanot, Jabalpur.
8. Harvey C, (1997), Social Work with Mentally handicapped people, London, Haineman Publishers.
9. Hudson, LB, (1999), Social work with psychiatric patients, Chennai, Macmillan.

SEMESTER 1st - 3rd
MULTIDISCIPLINARY COURSE
BSW22M103 SOCIAL WORK (UNDERSTANDING SOCIAL WORK PROFESSION)

CREDITS: 3

OBJECTIVES / EXPECTED LEARNING OUTCOMES:

1. *Familiarize learner to the historical evolution, core values and philosophy of Social Work profession.*
2. *Enable the learner understands and differentiates social work and other related profession.*

Course Contents: (Theory)

Unit -1 Society and Social Work

(15 Hours)

- Individual, Groups, Community.
- Social Structure & Institutions.
- Society as system of relationships
- Social work and its relation to Psychology and Sociology

Unit – 2: Basic Concepts related to Social Work

(15 Hours)

- Charity and Philanthropy
- Social Service, Social Security
- Social Welfare, Social Reform
- Social Work: Nature & Scope

Unit – 3: Philosophy of Social work Profession

(15 Hours)

- Goals, Functions and Values
- Major Principles of Social Work
- Methods of Social work (Introduction only)
- Careers in Social Work

Suggested Readings:

- Adams, Robert et al. (2002): Social Work: Themes, Issues and Critical Debates. Second Ed. Sage London.
- Chatterjee, Pranab (1996): Approaches to the Welfare State. National Association of Social Workers (NASW. Washington DC.
- Desai, Murli (2005): Ideologies and Social Work: Historical and Contemporary Analysis. Rawat Publication.
- Dubois, Brenda and Kalra, Krogurnd, Micky (2011): Social Work: An Empowering Profession 7th Edition. Pearson.
- Farley, W, Larry, L.S. and Scott, B.W. (2003): Introduction to Social Work. Allyn and Bacon. 6. Higham, Patricia (2004): Social Work: Introducing Professional Practice. Sage.
- Kumar, Hajira (1994): Social Work: An Experience and Experiment in India. Gitanjali Publishing House
- Morales, A.T., Sheafor, B.W. and Scott, M.E. (2010): Social Work: A Profession of Many Faces. London. Allyn and Bac on.
- National Association of Social Worker (NASW). (1999): Code of ethics. Available at www.socialworkers.org/pubs/code/code.asp.1996; revised Printed by Bolt PDF (c) NCH Software. Free for non-commercial use only.