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DEPARTMENT OF PSYCHOLOGY

GOVERNMENT DEGREE COLLEGE BARAMULLA (AUTONOMOUS)

NAAC Accredited Grade 'A' and College with Potential for Excellence (CPE)

Website: http://www.baramullacollege.net/ Email: varmulcollege@gmail.com

Telefax: 01952-234214

No. GCB/PSY/RAAHAT/2408

Dated: 12-07-2024

NOTICE

This is for the information of all the learners / students, staff (teaching, non-teaching and local fund), and people outside that the Department of Psychology, Government Degree College, Baramulla, in continuation with its past practice, offers support services for individuals / persons experiencing psychosocial, emotional, academic, and allied issues, at the designated RAAHAT cum Disability Resource Centre, housed in the Department of Psychology. Our dedicated team of experts welcomes you and offers services to help you navigate your personal, professional, academic, social and, emotional issues. The counselling is free and open to all and will be offered on the basis of prior appointment only. We ensure proper ethical and professional protocol during the process wherein clients receive respectful, confidential, and effective care, fostering trust and promoting positive therapeutic outcomes. The following schedule / roster will be followed for the purpose.

S. No.	Day	Time	Consultant Psychologist
l.	Monday	2 O'clock onwards	Dr. Kaiser Ahmad Dar
2.	Tuesday	2 O'clock onwards	Dr. Abdul Majeed Bhat
3.	Wednesday	2 O'clock onwards	Dr. Aaliya Akhtar
4.	Thursday	2 O'clock onwards	Dr. Shahnawaz Mushtaq Bhat
5.	Friday	2 O'clock onwards	Dr. Aaliya Akhtar
6.	Saturday	2 O'clock onwards	Dr. Shahnawaz Mushtag Bhat

We believe this initiative will surely improve your quality of life and overall well-being.

Department of Psychology Government Degree College, Baramulla

Copy to:

- 1. District Development Commissioner, Baramulla for information.
- 2. District Social Welfare Officer, Baramulla for information.
- 3. Head, Department of Psychiatry, GMC Baramulla for information.
- 4. Coordinator IQAC, GDC, Baramulla for information.
- 5. I/C Website for uploading / sharing of information on College Website.
- 6. Editor, Daily Greater Kashmir for favor of publication.
- 7. Display on Notice Boards / prominent places for information of the concerned students.
- 8. Office copy for record.