Government Degree College, Baramulla (Autonomous)

Term	End External Examination Subject: Mo		Semester (Session- July 2024)
		Cor	itemporary Issues in Psychology
	Section A: Objective		
Q1. Cho	ose the appropriate Answer:		(8x1.5=12)
	Vhich of the following is a c hishing attack.	om	mon psychological tactic used in
A	Encryption	B	Two factor authentication
(Social Engineering	D	Firewall configuration.
	Vhich psychological principle hishing scams despite knowin		plains why people might fall for at they exist?
A	Cognitive Dissonance	В	Confirmation Bias
(2 Authority Bias	D	The illusion of invulnerability.
iii, S	tereotypes are		
A	Overgeneralized beliefs about a particular group of people.	B	Accurate and unbiased representation of individuals or groups.
(C Always based on personal experiences and observations.	D	All of the above.
iv. S	tigmatization leads to		
A	Increased self esteem	B	Enhanced social integration
(C Reduced opportunities and social isolation.	D	Improved mental wellbeing.
v. P	ositive peace refers to		
A	The absence of direct violence.	B	The presence of social justice and equality
(C A temporary ceasefire in a conflict.	D	A state where economic prosperity is achieved,

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 A Collaborating B compromising C Competing D Avoiding vii. In the context of resilience, what does "Bouncing back" mean A Ignoring all problems B Returning to previous state aft a setback. C Experiencing no negative D Avoiding any form of stress. emotions viii. Who coined the term "Post traumatic Growth" A Sigmund Freud B Martin Seligman C Richard Tedeschi and D Carl Rogers. Lawrence Calhoun Section-B: Descriptive Type Questions (Short Type) Q2: Answer all the Questions (8 x 4 = 32 i. Define child abuse and identify different types of child abuse. ii. What are the risk factors associated with domestic violence.
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 iii. Define violence and provide examples of different types violence. iv. What are the main stages in the process of conflict resolution? v. Describe a situation where you demonstrated resilience. vi. What does self-growth mean to you and why is it important? vii. Define digital footprint and its relevance to cyber bullying. viii. What is cyber pornography? Name three common ways cybe pornography can be assessed.

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Section – C: Descriptive Type Questions (Medium Type) Answer all the questions: (4 x 7=28)

Q3. What are the proactive coping strategies individual can use to deal with discrimination?

OR How does cultural bias impact intercultural communication and understanding.

- Q4. How does media contribute to conflict resolution?
 - OR Discuss the scope of peace psychology and its main areas of focus.
- **Q5.** What are the criterions used to classify trait character strength according to VIA classification?

OR

Define eudemonic and hedonic wellbeing. How do these concepts differ in terms of their focus and outcome?

Q6. How does social media usage impact mental health?

OR

What is digital learning? Discuss the key benefits and drawbacks of digital learning?

Section – D: Descriptive Type Questions (Long Type)

Answer any two of the following:

- **Q7.** Describe link and Phelan's model of stigma and how it integrates the concept of labelling, stereotyping, separation, status loss and discrimination.
- **Q8.** Compare and contrast the theories of principled negotiation in Conflict resolution.

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 $(2 \times 14=28)$

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- **Q9.** Explain the PERMA model of wellbeing. What are the key components of this model and how do they contribute to overall wellbeing?
- **Q10.** Explain in detail the ways in which parental mediation can impact the development of digital literacy and critical thinking in children.