

Government Degree College, Baramulla (Autonomous)

Term End External Examination 4th Semester (Session- July 2024)

Subject: Psychology

Course No and Title: PSYC2422M/Psychopathology

Time: 2.15 hours Max Marks:100 Min. Marks:40

Section A: Objective Type Questions

Q1. Choose the appropriate Answer: (8x1.5=12)

- i. Which organization publishes the DSM?
A World Health Organization (WHO) B American Psychiatric Association (APA)
C National Institute of Mental Health (NIMH) D Centre for Disease Control and Prevention (CDC)
- ii. Which of the following is NOT a component of the diathesis-stress model?
A Genetic predisposition B Cognitive-behavioural therapy
C Environmental stressors D Psychological resilience
- iii. Which anxiety disorder is characterized by excessive, uncontrollable worry about various aspects of life?
A Agoraphobia B Panic Disorder
C Generalized Anxiety Disorder (GAD) D Specific Phobia
- iv. Which of the following is a key feature of Social Anxiety Disorder (SAD)?
A Fear of open spaces B Fear of social situations and being judged by others
C Fear of contamination D Fear of heights
- v. Which of the following is a core characteristic of obsessive-compulsive disorder (OCD)?
A Persistent, intrusive thoughts (obsessions) and repetitive behaviors (compulsions) B Excessive worry about various aspects of life
C Fear of open spaces D Mood swings and depressive episodes

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- vi. Which disorder is characterized by preoccupation with one or more perceived defects or flaws in physical appearance?

A Hoarding Disorder B Body Dysmorphic Disorder (BDD)
C Trichotillomania D Excoriation (Skin-Picking) Disorder

- vii. Which of the following is NOT a common symptom of schizophrenia?

A Hallucinations B Delusions
C Panic attacks D Disorganized thinking

- viii. Which term describes the physical and psychological symptoms that occur when a person stops using an addictive substance?

A Tolerance B Dependence
C Withdrawal D Intoxication

Section-B: Descriptive Type Questions (Short Type)

Q2: Answer all the Questions (8 x 4 =32)

- i. What is the Diathesis-stress Model and how does it explain the development of mental disorders?
- ii. What is DSM? List some of the major changes introduced in the DSM-5.
- iii. State the primary characteristics of Generalized anxiety disorders (GAD)
- iv. What are the main diagnostic criteria for panic disorders?
- v. What is OCD? Discuss its major symptoms.
- vi. What are the key symptoms required for the diagnosis of major depression?
- vii. Write a brief description of negative symptoms of schizophrenia.
- viii. Briefly describe the concept of tolerance in substance use disorders?

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Section – C: Descriptive Type Questions (Medium Type)

Answer all the questions: (4 x 7=28)

- Q 3.** Discuss the evolution of psychopathology from the ancient to the present times.

OR

Provide an overview of the DSM and ICD, highlighting the key differences between the two.

- Q 4.** Discuss the role of genetic and environmental factors in the etiology of anxiety disorders.

OR

Describe the treatment option for separation anxiety disorder in children.

- Q 5.** Discuss the psychotherapeutic approaches to the treatment of major depressive disorders.

OR

Explain the diagnostic criteria for OCD according to DSM-5.

- Q6.** What are the common cognitive deficits associated with schizophrenia, and how do they affect patients?

OR

Explain the role of behavioural therapies in the treatment of substance use disorders?

Section – D: Descriptive Type Questions (Long Type)

Answer any two of the following: (2 x 14=28)

- Q7.** Compare and contrast the major approaches to understanding Psychopathology.
- Q8.** Evaluate the effectiveness of cognitive behavioural therapy (CBT) in the treatment of anxiety disorders, providing examples of specific techniques used.

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- Q9.** Discuss in detail the etiology of major depressive disorder?

- Q10.** Evaluate the current theories on the Etiology of Schizophrenia, with special focus on the Neurobiological, genetic and environmental factors.